

**Sleep Center helps fight childhood hunger through their Go to Bed Fed food drive.**

**The center collected over 300 pounds to donate to United Food Bank**

PHOENIX, AZ- November 24, 2010. While you nod off into slumber, one out of every eight children in the United States under the age of 12 is going to bed hungry every night. That's why Valley Sleep Center initiated the Go to Bed Fed food drive.

On November 14<sup>th</sup>, the sleep center donated over 300 pounds of non-perishable food items for the United Food Bank. During the first two weeks of November, Valley Sleep Center's staff, the public and patients all took part in donating for the cause to fight childhood hunger.

Lauri Leadley, president and owner of Valley Sleep Center said. "A growling tummy can definitely keep you up at night. If we can help one more child go to bed fed through a simple food drive, we'll do it."

#### **About the United Food Bank:**

United Food Bank is an East Valley community-based private nonprofit that provides hunger relief/food assistance by collecting, acquiring, storing and distributing food and related commodities through a network of partner social service agencies in eastern Maricopa County, Gila and Pinal Counties and southern Apache and Navajo Counties. For more information visit [www.unitedfoodbank.org](http://www.unitedfoodbank.org).

#### **About Valley Sleep Center:**

Since 2002, Valley Sleep Center, accredited by the American Academy of Sleep Medicine, has provided Arizona with diagnostic sleep studies in a home-like atmosphere, ensuring a comfortable, relaxing experience for patients. Their Board Certified Sleep Medicine Specialists consist of experienced and knowledgeable physicians who provide expert advice across a multitude of sleep related disorders including insomnia, sleep apnea, snoring, excessive daytime sleepiness, hypertension, sleepwalking, and pediatric sleep problems. They accept most insurance plans as well as Medicare. For more information contact Lauri Leadley at (480) 830-3900; <http://www.valleysleepcenter.com>

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