

**FOR IMMEDIATE RELEASE**

**GO TO BED FED FOOD DRIVE SUPPORTS UNITED FOOD BANK  
VALLEY SLEEP CENTER LAUNCHES ANNUAL FOOD DRIVE FOR ARIZONA CHILDREN**

While you nod off into slumber, one out of every eight children in the United States under the age of twelve is going to bed hungry every night. That's why Valley Sleep Center is doing their part to help fight hunger through their annual Go to Bed Fed food drive.

The Go to Bed Fed food drive runs through November 14<sup>th</sup>, 2010. Donations will go directly to United Food Bank an East Valley Charity serving the Phoenix area since 1983.

People can drop off food or monetary donations at any one of Valley Sleep Center's four Arizona locations.

Valley Sleep Center has four locations:

**East Valley Center:** 4555 East Inverness Building #3 • Mesa, AZ 85206 • (480) 830-3900

**Biltmore Center:** 4141 North 32nd Street Suite 104 • Phoenix, AZ 85018 • (480) 830-3900

**Arrowhead Center:** 6320 West Union Hills Drive Building B, Suite 1000 • Glendale, AZ 85308 • (480) 830-3900

**North Scottsdale Center:** 9767 North 91st Street Building B, Suite 104 • Scottsdale, AZ 85258 • (480) 830-3900

For more information go to [www.valleysleepcenter.com](http://www.valleysleepcenter.com) or call 480-830-3900.

**About United Food Bank**

United Food Bank is an East Valley community-based private nonprofit that provides hunger relief/food assistance by collecting, acquiring, storing and distributing food and related commodities through a network of partner social services agencies in eastern Maricopa County, Gila and Pinal Counties and southern Apache and Navajo Counties. For more information visit [www.unitedfoodbank.org](http://www.unitedfoodbank.org).

**About Valley Sleep Center:**

Since 2002, Valley Sleep Center, accredited by the American Academy of Sleep Medicine, has provided Arizona with diagnostic sleep studies in a home-like atmosphere, ensuring a comfortable, relaxing experience for patients. Their Board Certified Sleep Medicine Specialists consist of experienced and knowledgeable physicians who provide expert advice across a multitude of sleep related disorders including insomnia, sleep apnea, snoring, excessive daytime sleepiness, hypertension, sleepwalking, and pediatric sleep problems. They accept most insurance plans as well as Medicare. For more information contact Lauri Leadley at 480-830-3900; <http://www.valleysleepcenter.com>.

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**EAST VALLEY**  
4555 E. INVERNESS  
BLDG. 3  
MESA, AZ 85206

**BILTMORE**  
4141 N. 32<sup>ND</sup> ST.  
SUITE 104  
PHOENIX, AZ 85018

**ARROWHEAD**  
6320 W. UNION HILLS  
BLDG. B, SUITE 1000  
GLENDALE, AZ 85308

**CHANDLER**  
1120 S. DOBSON RD.  
BLDG. B, SUITE 100  
CHANDLER, AZ 85286

**SCOTTSDALE**  
9767 N. 91<sup>ST</sup> ST.  
BLDG. B, SUITE 104  
SCOTTSDALE, AZ 85258